

Care Visit Report

Date: Thursday 28 November 2024

Time: From 14:05 to 14:32

Duration: 27 Minutes

Patient: George Powell

Care Giver: Maria Gouveia

Today, I visited George Powell for his scheduled care visit. Upon arrival, I greeted George and asked how he was feeling this morning. He responded that he was okay, which was good to hear. I also inquired about his sleep, to which he indicated he had a good rest. George noted that he woke up around 4 AM to use the toilet but was able to return to bed and continue sleeping without issue.

I asked about George's medication intake, to which he confirmed having taken their medication with breakfast. However, George expressed uncertainty about its effectiveness. I proposed reaching out to Dr. Noah to discuss concerns and possible adjustments to the medication.

We proceeded with the routine check of George's blood pressure. The reading was 120 over 75, which is within the normal range. I noted that this is a healthy blood pressure reading and George seemed satisfied with the result.

Following the health check, I asked George about his preference for lunch. We discussed having a quick lunch, comprising of chicken and vegetable soup, complemented with mashed potatoes and crackers.

No additional concerns or issues were raised during this visit.

Action Items:

- Continue routine health checks and monitor blood pressure levels.
- Reach out to Dr. Noah to raise George's concerns about medication.